

# BOARD OF INTEGRATIVE MEDICINE(BOIM)



Affiliated Member of the WONM-University of Humanitarian  
Medicine Federation

*Inter-professional collaboration & professional development for inte-  
grative medicine practitioners*

## Vision

Comprehensive and compassionate health care system offering seamless integration  
of the best of traditional medicine and conventional medicine approaches to pro-  
mote wellness in every individual and community.

## Integrative Healthcare Providers Could this be best choice for patients?

The goal of the Board of Integrative Medicine is to maintain standards, provide  
post graduate education in Integrative Medicine and to certify practitioners to work  
in collaboration with their patients, guiding them to wholeness and helping them to  
achieve optimal health. Board certification signifies that practitioners have met spe-  
cific criteria to demonstrate competency in the art and science of integrative medi-  
cine.

*We are dedicated to optimizing your health, saving lives, while saving you money. That's the  
power of prevention!*

If you are looking for an Integrative doctor or practitioner contact BOIM for a  
board certified Integrative Medicine practitioner.

Use your designations and the BOIM logo on your business cards, websites and oth-  
er advertising materials to bring more awareness to the public on Integrative Medi-  
cine.

- ◆ Doctor of Integrative Medicine/Integrative Medicine Doctor (IMD)
- ◆ Integrative Medicine Practitioner (IMP)



## Mission

To establish and maintain the high-  
est standards of integrative medi-  
cine healthcare, ignite and sustain  
the joy and passion of practitioners  
in their work, establish the role of  
unconditional love as the basis of  
healing and support, and to recog-  
nize the importance of the health of  
the planet as integral to human  
health.

[www.wonmunivfed.org](http://www.wonmunivfed.org)

[www.cchm-edu.org](http://www.cchm-edu.org)

[www.wonm.org](http://www.wonm.org)

416 492 6725



## Certification Process: IMD & (IMP)

Application for certification is a voluntary act entered into by practitioners who choose to incorporate integrative medicine principles into their practices. The certification enables practitioners to obtain a credential, which attests to their knowledge in the field, expand their scope of practice and affords them the recognition of having met an identified peer-developed standard of achievement.

Certifying process includes:

Submission of evidence of education in the healthcare field such as; (Medical Doctor (MD), Doctor of Osteopathic Medicine (DO), Registered Dental Hygienist (RDH), Registered Physiotherapists (RP), Dentist (DDS), Registered Nurse (RN), Registered Nurse extended class (RN-E) and other healthcare professionals.

BOIM has developed the certification maintenance process to test continued proficiency and growth in the art, science and practice of Integrative Medicine. Proficiency in integrative medicine is a combination of academic, work-based, personal, and relationship growth.

*Phase one:*

**Diplomate candidate status**

First year member- Practitioner of Integrative medicine, diplomate status candidate are required to take at least ten (10) certificate course series in Integrative Medicine from our mentorship professional pool. This mentorship and guidance is created to support your growth and development as an integrative medicine practitioner.

You will be asked to write a journey paper describing your journey and growth of interest in Integrative medicine.

Note: First year registration is conditional upon completing the required ten (10) certificate courses within twelve months preceding annual registration renewal.

*Phase Two:*

**Maintenance and growth**

You will attend the annual conference and professional development events to expand your knowledge and network with other members. You will complete forty (40) hours of continuing education courses which will enhance your capacity to administer an integrative medicine based healthcare approach to your clients. You will provide ten (10) hours of free community integrative medicine healthcare services to the poor in your local or international communities under the World Organization of Natural Medicine- Clinics for Humanity program.

**For more information or to request an application visit our website [www.boim.org](http://www.boim.org) or by phone 416 492 6725**

## Professional Development

### Integrative Health Coach Professional Training & Certification.

BOIM has developed an Integrative Health Coach Professional Training uniquely based in many years of clinical experience and research with thousands of patients and clients. The Integrative Health Coach Professional Training was formally launched in August 2012 as a key component of the transformation of healthcare.

If you're a medical, dental or allied health professional looking to develop your capacity to help others attain their maximum level of health and wellness, BOIM Integrative Medicine's Integrative Health Coach Professional Training Program could be the ideal choice for you.

#### What is Integrative Health Coaching?

An exciting initiative designed to teach participants to work as integrative health coaches, this professional training program:

- Promotes an understanding of the integrative health care model
- Develops effective health coaching skills for individuals and groups

Enhances participants' skill sets, knowledge, and professional marketability.

#### Integrative Health Coaches

- Help people clarify their health goals, and implement and sustain behaviors, lifestyles, and attitudes that are conducive to optimum health
- Guide people in their personal care and health-maintenance activities

Assist people in reducing the negative impact of chronic conditions such as cardiovascular disease, cancer, and diabetes.

#### Learn From the Leaders

BOIM Integrative Health Coach Professional Training is based on many years of clinical experience and research. In fact, the leaders who helped establish the field of integrative health coaching are the same professionals who lead our program modules.

### Steps to Becoming an Integrative Health Coach

BOIM Integrative Medicine offer two courses in order to receive training as an Integrative Health Coach. All participants must first start with our Foundation course. This course occurs primarily on-site at BOIM Integrative Medicine through certificate modules spaced out over several months. By completing the 10 foundation certificate courses, participants have the option to move on to WONM-UHM research program. The certification course primarily by small mentorship groups format, telephonically and online and takes several months to complete. You can plan to a minimum of one year to complete the Certification programs.

#### Integrative Medicine in Professional Practice

##### A Six-Day Intensive Practicum

- *How frequently do you face questions from your patients who want to know about specific traditional integrative modalities and therapies that could benefit their health?*
- *What up-to-date, reliable information do you need on how evidence-based therapies work and how they may benefit your patients?*
- *How valuable would you find a concise and comprehensive course that will give you tools and training that you can use right now?*

Recent statistics from the Centers for Disease Control\* reveal that one out of every three adults in USA and Canada uses traditional therapies to treat health concerns and conditions, and this number continues to rise. Now more than ever, it is essential for health care providers to have knowledge and experience to help patients navigate through the myriad options available to them.

Barnes PM, Bloom B, Nahin RL. Complementary and alternative medicine use among adults and children: United States, 2007. National Health Statistics Reports; No. 12. Hyattsville, MD: National Center for Health Statistics. 2008.

## Integrative Medicine in Professional Practice

*The integrative medicine certification courses are intended for healthcare practitioners, who are seeking to upgrade, their credential for continuing education and clinicians seeking to expand their scope of practice to provide an integrative approach to their clients.*

### Integrative Medicine in Professional Practice

is a thorough and practical course that offers health care professionals in-depth knowledge and understanding of evidence-based integrative medicine practices that have been demonstrated to enhance patient outcomes. In four short days, you will work with experts at from BOIM mentorship pool and learn a body of knowledge about the traditional therapies, stress reduction techniques, lunch and learn programs and evidence based techniques to optimize your clients health.

This program is designed for physicians, dentist, physician assistants, nurse practitioners, and nurses and other allied healthcare professionals.

### Practicum Description

Over the course of six days, mentorship leader from BOIM will provide information focused on nutritional supplements, stress reduction, lifestyle management and traditional therapies that have been shown to prevent and treat common medical conditions.

**Integrative Medicine in Professional Practice** includes:

- Evidence-based practices for nutrition, including how to use the most effective supplements for common health conditions
- Guidelines for the use of traditional modalities, such as Chinese medicine, homeopathic combinations, mineral medicines and various manual techniques.

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Phone: 416 492 6725



- Evidence-based techniques for stress management, lifestyle management, biofeedback, cardiovascular risk assessment, nutritional interpretation of medical reports.
- Reliable resources that deliver easy-to-use information for you and your patients

Time will be dedicated each day to discussing how these modalities can enhance outcomes for common conditions your patients face, such as: pain, insomnia, irritable bowel syndrome, cancer survivorship, diabetes and weight management.

You will learn new strategies to increase patient engagement in improving health

through reinforcement of lifestyle changes.

Upon completion of certification courses you can expand your knowledge by participating in WONM-UHM research program.

### Practicum Director

Dr George Grant, M.Sc., M.Ed., Ph.D., IMD, DHS  
Author of 7 bestselling books, former professor/Scientist at U of Sask. Faculty of Pharmacy/Nutrition & Seneca College in Toronto, senior consultant for Health Canada. Among International Who's Who of professionals.

He has 100 published articles, conference presentations worldwide, book reviews and 7 bestselling books including a chapter in 100 ways to improve your life with Mark Victor Hanson, the author of Chicken Soup for the Soul. Helped 7 Olympic Gold Medalist Athletes to stay healthy and remain competitive. Helped thousands of clients worldwide on their Wellness Journey. He is the key note speaker for 7 top companies like Dofasco, Honda, Major Canadian Banks, Life Insurance Companies and professor of Integrative medicine (Bio feedback and Quantum Medicine) at the Canadian college of Humanitarian Medicine)

Visit our websites :[www.cchm-edu.org](http://www.cchm-edu.org) or [www.boim.org](http://www.boim.org)