



CANADIAN COLLEGE OF HUMANITARIAN MEDICINE



HEALTH STEWARDSHIP PROGRAM

The Humanitarian Health Stewardship as defined by the World Organization of Natural Medicine and is consistent with its values that:

- Humanitarian Health Steward's duty is, first and foremost is to serve the neediest of the most disadvantaged people on earth and seek to relieve their suffering.
- To assist in making sustainable improvements in their lives through education.
- The Humanitarian Health Steward aims to engage their clients, promote their voices, and offer our hands and feet in service.

In this relationship, we respect those in need as active participants, not passive recipients. We regard all individuals as created and loved by God.

We believe that healthcare should not focus on for-profit care but gear towards self-care, disease prevention, and sustainable development of rural communities.

We are not owners of the resources made available to us on behalf of the forgotten of this world.

We are partners with those we serve and those who invest in our shared mission.

Our relationships are purposeful, diverse and encourage mutual participation in achieving its mission.

Therefore, a Humanitarian Health Steward should share information on health and assist them in making sustainable improvements in their lives and their environment.

The background features a large, light gray watermark of the CCHM logo. The logo consists of a shield-shaped crest with a sunburst at the top, an open book in the center, and a lamp of knowledge at the bottom. Below the shield is a banner with the text 'C C H M' and 'IN EXCELLENTIAM CATHECHESIS'.

CCHM HAS YOU COVERED

Students without a prior medical education background will be required to review prerequisite educational material for their admission to the IHCC Course. A review of anatomy, physiology, and biochemistry will be necessary for the foundation of all of the courses.

CCHM will provide ALL of the education materials for **EACH** corresponding course. Student will not be required to purchase **ANY** additional material.



COURSE OUTLINE

Eclectic Medicine

Dame Dr. McKenzie, PhD, IMD, OM, DHS

Clinician, Author, Educator and Humanitarian

The information in this course gleaned from an eclectic mix of my experience and education as a dental practitioner, homeopath, orthomolecular doctor, International humanitarian physician, author.

There is a transition from crisis-oriented health care to preventive medicine and wellness care in our present society. This course will look at the impact our habits, environment, culture, lifestyles, foods, stress, past beliefs, and negative attitudes have on our health as individuals and society. In this course, the student will learn how factors affect our health and identify and change negative factors for positive wellness outcomes.

Session 1

Principles and Practice of Natural Health (Part A)

We will discuss the underlying principles of health and comparison between crisis care and wellness care.

Lecture time: 1.0 HR

Principles and Practice of Natural Health (Part B)

In this section, we will discuss the relationship of the endocrine system on health, emphasizing emotional health.

Lecture time: 1.0 HR

Session 2

Minerals and Health (Part A)

In this session, we will discuss minerals as the foundation of health with particular emphasis on homeopathic minerals.

Lecture time: 1.0 HR

Minerals and Health (Part B)

This section will continue our discussions of homeopathic minerals, emphasizing minerals' general biochemical action and mental symptoms.

Lecture time: 1.0 HR

Session 3

Health Assessment

High-quality direct observation has significant implications for learning. From a formative perspective, learning observation support the development of your health coaching skills and is a valuable tool for assessing clients progress.

In this session, you will learn how to; record what you observe on your client, complete functional health assessment of the body systems, detoxification health assessment, documentation, and interpretation of practical assessments, and formulate a wellness program based on the client's needs.

Health assessment – Interview

Lecture time: 1 HR

Health assessment – Interpretation

Lecture time: 1 HR

Client's Health Program Design

Lecture time: 1 HR

Session 4

The Eclectic Medicine Healing system

In this session, the student will learn to use whatever is at hand for immediate emergencies or everyday health maintenance. Although health coaches do not diagnose and provide cures for diseases, understanding basic eclectic remedies for clients' self-help is essential to the health coach.

Eclectic Medicines (A)

Lecture time: 1 HR

Eclectic Medicines (B)

Lecture time: 1 HR

Eclectic Medicines (C)

Lecture time: 1 HR

Session 5

Eclectic First Aid Remedies

Lecture time: 1 HR

Introduction to Water Cure

Lecture time: 1 HR

Resources:

Textbook: Biochemistry PDF provided

Textbook: Medical Terminology PDF Provided:

Format: Live webinar presentations

Total 5 Sessions (12.0 hours)

Pre pre-recorded video and downloadable notes are provided.

Assignment: summary of your understanding of the course.

C C H M

IN EXCELLENTIAM CATHECHESIS

Reverse the Curse of Metabolic Syndrome

Dr. Jay P. Vanden Heuvel PH.D, IMD, DHS

Author & Educator

Nature's Institute Courses (all students will be given a one-year subscription to "Oh My health!" Foundation part 1 & 2

- Module 01 - Introduction to Oh My Health 3:44
- Module 02 - Memory Joggers 2:32
- Module 03 - Habit of Health 9:49
- Module 04 - The Fundamentals Daily Essentials 8:12
- Module 05 - Road to Diabetes 6:38
- Module 06 - Are all vitamins vital? 14:16
- Module 07 - Enzymes 4:46
- Module 08 - Benefits of Enzymes 9:38
- Module 09 - The Importance of Probiotics 13:02
- Module 10 - How Microbes Affect Mood and Behavior 6:46
- Module 11 - The Importance of Fiber 6:34
- Module 12 - Benefits of Protein 8:38
- Module 13 - Benefits of Antioxidants 3:05
- Module 14 - Recap and Conclusion 15:27

Total- video time 110:27

Our bodies are incredibly complex creations with many specific needs - and many of those needs are not met by the Standard American Diet. Learn about the 7 Essential Nutrients that you need to be healthy, the proven science behind their use, and how you can get these nutrients through eating right and natural supplements. Is this course for you?

- Individuals wanting to feel better and live longer • Parents who want to provide their children with the nutrients they need
- Natural health professionals looking to increase their knowledge and resources What will you learn? • The four factors that cause 90% of all disease • Why a diet alone is not enough to transform your health
- A common digestive condition that can lead to symptoms of mental health conditions • How you can change your genetic predispositions towards illness
-
- Much, much more

Length of Course: 6 Modules (Quizzes at the end of each module)

All courses will start live with introductions and what is expected. Breaks and live Q& A at the end. Week one 3 nights will be:

- 1st. session "Oh MY Health" part 1. 1 ½ hour
- 2nd. session "Oh my Health part 2. 1 ½ hour.
- 3rd session "Reverse the Curse of Metabolic Syndrome 2 hours

3rd. Course Title: Remove the “Splinters” and Watch the Body Heal

Sir. Dr. Gerald H. Smith DDS, IMD, DHS

Clinician, Educator, & Author

Overview: One of the most powerful integrative approaches to healing

Course Sections: Five Parts:

Part I - Physiologic Adaptive Rang Concept (PAR) - 3 hours You Will learn:

- Diagnostic concepts of the Physiologic Adaptive Range
- Evaluate the patient structurally and physiologically
- Concepts of primary cause and compensatory reaction
- How to triage patients and formulate a custom treatment plan
- When NOT to treat
- Basics of cranial occlusal function, nutrition, chiropractic and osteopathic interrelationships

Part II - Cranial Complex - 2 hours - You Will learn:

- A functional understanding of the cranial mechanism
- An overview of the cranial dental mechanism
- How the cranial mechanism relates to the spine, pelvis, sacrum, and feet
- How disruption of the cranial motion perpetuates the post-concussion syndrome
- How cranial distortions cause migraine headaches and atypical facial pain

Part III - Dental Complex - 3 Hours - You Will learn:

- The connection between the teeth, brain, and low back pain
- Why 70% to 90% of all medical problems have a dental origin.
- A cure for Trigeminal Neuralgia and atypical facial pain
- How to reverse post-concussion syndrome

How cranial distortions cause migraine headaches and atypical facial pain How to reverse the autoimmune diseases:

How to reverse autoimmune diseases: Hashimoto’s disease & Rheumatoid arthritis

How to reverse congestive heart failure, cancer, shingles, and much more.

Part IV - Pelvic Complex - 2 Hours - You Will learn:

- Learn the anatomical design of the pelvis and related structures
- Understand the concept of how the pelvis relates to the cranium
- Understand the workings of the cranosacral system
- Learn how the dental complex interrelates with the pelvic complex
- Understand the dynamics of foot pronation and its effect on the pelvis and cranium
- Learn the influence the thyroid has on the stability of the pelvic complex band the rest of the body
- Obtain a global view of how the body works through presentation of case studies

Part V - Physiological and Psychological Complexes - 2 Hours - You Will learn:

- Learn functional nutritional concepts: how to treat the body with food-based supplements
- Understand the basic physiology of the intestinal tract
- Learn specific nutrients to support intestinal tract function
- Learn how thyroid dysfunction affects the entire body.
- Understand underlying causes for psychological dysfunction
- Learn how to quickly and accurately select Bach Flowers to resolve emotional issues.
- Learn how toxic substances create mental emotional problems.

Length of Course: 20 Hours of instruction (5 sessions)

4th Course, Title: Unboxing the Mysteries of Essential Oils

Debbie Irwin, RRDH., IMP., PHS., C.N.H.P.

Clinician, Health Educator and Humanitarian

The goal of this course is to share the essential oil basics. We will discuss and learn how to start utilizing amazing plant medicines as their first option for health challenges. Additionally, we will also learn how essential oils are highly effective to relieve headaches, upset stomach, stress and various other ailments as an alternative to common and over the counter prescription medications.

Session 1

Essential Oils Basics

Learn how to use essential oils , essential oil safety, a little about the history of essential oils, how to source essential oils and store oils

Each session we will learn about 3 essential oils

Length of Course: 2 hours

Session 2

The Chemistry of Essential Oils

Before we can understand which oils to use for what we need to understand how the work with our cells work with the different components in essential oils .

Learn how to look find oils that will best work for whatever you are trying to achieve whatever outcome you are searching for.

Length of Course: 2 hours

Session 3

Oils for Body Systems part A

Review 6 body system and Learn which oils to use to support each system with different recipes to support each system ! Learn about basic blending how to choose carrier oils and more!

There will be demonstrations and easy to duplicate recipes to support each body system discussed in this session

Learn about 3 more oils

Length of Course: 2 hours

Session 4

Oils for Body Systems part B

Review of the 6 body systems. Learn about the oils that can support these systems and learn more hands-on recipes for the support of the systems.

Length of Course: 2 hours

Session 5

What's in your tool box ?

Let's talk about what oils you need for your basic everyday issues, first aid and how and when to use them. How to dilute oils for children, pets and the compromised.

Length of Course: 2 hours

Session 6

So Where Do We Go From Here ?

Learn a little about oils for emotions , oils to balance chakras and the basics of raindrop therapy and oils of the bible.

A total of 18 oils where do we go from here?

Length of Course: 2 hours

Bonus informal call to chat about anything oils , ask questions that might have come up after learning the basics
***There will be an opportunity to purchase a make and take kit for session 4 & 5 for those who don't have their own supplies !



5th Course, Title: Integrative/Functional/Lifestyle Medicine/Nutrient Drugs Interaction

Professor George Grant, Ph.D.(UofT)., IMD, DHS

Author, Educator, Clinician & Lecturer

Learn the facts about the Medicines of the Future: IM (Integrative Medicine) The best combination of Western & Eastern Medicine; learn how Pharmacology/Toxicology can help your clients understand the benefits & Risks of taking Prescription Medicine and/or Over the Counter Medicines OTC with short & Long term Physiological effects on every cell, tissue, organs & system in the body.

FM (Functional Medicine) Gut Health is related to how healthy all other body organs; Healthy Gut = Healthy brain. Why it is important to supplement with Pre/Pro & Post Biotics daily that are Acid Resistant & Heat resistant for maximum Bioavailability.

LM (Lifestyle Medicine). Most imbalances in the body is related to diet, lifestyle & stress.

Understanding Lifestyle factors and daily habits like Diet, Exercise, Breathing and Hydration can have profound impact on our health.

You will learn from the Wellness IQ at www.academyofwellness.com how to prevent & reverse acute disease simply by lifestyle changes. Doctors of the future will use IM FM LM as the preferred modalities. Let your Food be thy Medicine and Medicine is your Food.

Length of Course: 11 Assignments

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6th Course, Title: Qi Gong Acupressure Massage

Dr. Troy Bennett, DTCM, IMD, DHS

Clinician & Lecturer

Course Overview:

This course is designed to help Practitioners understand the science behind Qi Gong Acupressure massage for promoting healing and well-being.

Course Outline:

Lesson 1: The basics Western Anatomy (Physical) Vs Eastern Anatomy (Energetic) Science of Qi (energy) Energy Channels of the body Yin Yang Explanation

Lesson 2: Wu Xing (Five Elements) Energetic Health assessment Pulse Assessment Tongue Assessment

Lesson 3: Energetic Channels of the body Yin Channels vs Yang Channels Pair Channels - lung, Large intestine, Heart, Small Intestine

Lesson 4: The function of the channels Upper extremity acupressure points Lower Extremity acupressure points Face, Scalp acupressure points Torso/ Back acupressure points Ear (auricular)

Lesson 5: Qi Gong Acupressure Protocol Grounding / Rooting Seasonal Acupressure Energetic Cleansing after treatment

Length of Course: 15 Hours of instruction – 5 Sessions

C C H M

IN EXCELLENTIAM CATHECHESIS

7th Course, Title: Mind & Wellness

Sir, Sigong, Dr. Stanley Ngui, B.Eng., Ph.D., IMD, DHS

Educator Author & Humanitarian

Course Outline

Session 1.

The importance of “MIND & WELLNESS” for physical or virtual consultation.

This session covers:

1. Importance of Mind Body connection.
2. Anatomy & physiology pertaining to Mind & Body inter-relationship.
3. What is Quantum Science?
4. Bio-energetics fundamentals and its physiology.

Session 2.

Science behind “MIND & WELLNESS”.

This session covers:

1. Practice Natural Breathing
2. Practice Clearing Mind
3. Practice Single Point Meditation
4. Practice Upper Dan Tien exercise
5. Locating Penal and Pituitary Glands

Session 3.

MIND & WELLNESS theory, practice and applications. (interactive)

This session covers:

1. Understanding the levels of consciousness.
2. Understanding the approach to NGUI Mind technique.
3. Practice Dragon Brain mediation.
4. Practice Memory mediation.
5. Practice Phoenix Brain mediation.
6. What is Total Wellness?

Session 4.

Bioenergetics and total wellness practice

This session covers:

1. Bioenergetic approach
2. Illnesses of the brain and mind.
3. Illnesses of the Body.
4. Practice Dragon, Tiger, and Phoenix mediations.
5. Practice Total Wellness technique.

Session 5.

Theory and science behind Mind/Body connection

This session covers:

1. Science of brain/mind
2. Theory of mind/body
3. TCM approach to mind/body
4. Using Ancient Medical Qigong principles with modern tools.
5. Practice Total Wellness technique.

Session 6.

Application and practice in Health Coaching

This session covers:

1. The understanding of Health Consulting.
2. How to apply this technique to all illnesses and diseases.
3. Applications, Applications, Applications. (Instantly initiating change).
4. Conclusion.

Ancient Medical Qigong was recorded 10,000 years ago. This theory is now recognised by allopathic and integrative medicines as a more modern method in healthcare. These techniques have instant response times, so when added to other healthcare practices, it can become the future of medical integration.

Notes:

- *The 6 sessions are 2 hours in duration, with a total of 12 hours.*
- *Sessions 5 & 6 are interactive.*
- *Session 6 is Health Coaching practical.*
- *After sessions, recordings of the powerpoint and the classes would be available for download.*

C C H M

IN EXCELLENTIAM CATHECHESIS

8th Course: Blood Test Evaluation

Dr. Paul Conyette, PhD (Clinical Sciences), IMD, BSc, MLS (CSMLS)

Clinician & Educator

Lectures will review some common medical tests and Patient file charting details. In some cases, tests can be provided for patients using a simple mailing kit that contains a small blood collection device and urine test kits. We will discuss patient file charting details and how to provide your patient's file with effective notes. I will discuss details on the following subjects: Patient Registration forms, Intake form, SOAP notes, PHIA, Consent forms and effective Program planning.

Sessions 1-3

10 important blood tests and a urine test

1. Complete blood count

A routine complete blood count (CBC) test checks for levels of 10 different components of every major cell in your blood: white blood cells, red blood cells, and platelets. Important components measured by this test include red blood cell count, hemoglobin, and hematocrit.

2. Basic metabolic panel

A basic metabolic panel (BMP) checks for levels of certain compounds in the blood.

3. Complete metabolic panel

A complete metabolic panel (CMP) includes all the measurements of a BMP as well as additional proteins and substances related to liver function.

4. Lipid panel

This test checks levels of cholesterol, triglycerides, IDL and HDL

5. Thyroid panel

A thyroid panel, or thyroid function test, checks how well your thyroid is producing and reacting to certain hormones.

6. Enzyme markers

Enzymes are proteins that help your body accomplish certain chemical processes, such as breaking down food and clotting blood. They're used throughout your body for many vital functions. Abnormal enzyme levels can indicate many different conditions.

7. Sexually Transmitted Disease (STD tests)

Many sexually transmitted diseases (STDs) can be diagnosed using a blood sample. These tests are often combined with urine samples or swabs of infected tissue for more accurate diagnoses.

8. Coagulation panel

Coagulation tests measure how well your blood clots and how long it takes for your blood to clot. Examples include the prothrombin time (PT) test and fibrinogen activity test.

9. DHEA-sulfate serum test

The dehydroepiandrosterone (DHEA) hormone comes from your adrenal glands. This test measures whether it's too high or too low.

10. C-reactive protein test

C-reactive protein (CRP) is made by your liver when tissues in your body are inflamed. High CRP levels indicate inflammation from a variety of causes.

11. Urine Analysis

A basic urine test takes a look at 10 basic chemistries and a microscopic exam that can make many determinations on a patient's health.

Sessions 4- 6

Patient Charting Details

This is necessary for the patient to understand what you will provide, why and how and cost break down. A good chart record will also provide the practitioner a detailed account of the patient's reason for seeing you. You will also have a record of each visit and your charting should provide a good guiding light in order for you to monitor the progress of your patient.

- Components of a Registration form and reasons for these notes
- Components of a patient intake and various assessment forms and reasons for these notes
- Components of a SOAP note form and reasons
- Components of a PHIA declaration form and reasons
- Components of a consent form and reasons
- Components of a Program planning form and reasons.

C C H M

IN EXCELLENTIAM CATHECHESIS

9th Course, Title: Better Sleep Better Health."

Dr. Eugene Fung PhD IMD DHS, MBA

Educator and Author, Business Coach

Good sleep promotes good health. Sleep represents a third of every person's life and it has a tremendous impact on how we live, function and perform during the other two-thirds of our lives. It is indeed as vital as the air we breathe and the food we eat, especially for those with chronic diseases or compromised immune systems. According to Centres for disease control and prevention (CDC), more than a third of American adults are not getting enough sleep on a regular basis. We believe that you "SLEEP BETTER, LIVE BETTER".

Session 1. Understanding Sleep

We will talk about Sleep as a naturally recurring state of mind and body in providing better health issues.

Lecture hours: 1.5 Hours.

Question and Answer: 0.5 Hour

Session 2. Essentials of Sleep to Health

We will emphasize on getting enough sleep is essential for helping a person maintain optimal health and well-being. When it comes to our health, sleep is as vital as regular exercise and eating a balanced diet.

Lecture hours: 1.5 Hours

Question and Answer: 0.5 Hour

Session 3. The Importance of Sleep

We will clarify that the quality of your sleep affects your mental and physical health. Make sure you're monitoring a healthy sleep schedule.

Lecture hours: 1.5 Hours

Question and Answer: 0.5 Hour

Session 4. The Best Frequencies for Sleep

·Gamma (30-50 Hz)- maintains focus while a person is already awake.

·Beta (13-30 Hz) – promotes concentration and focus.

·Alpha (7-13 Hz)- Awake or relaxed

·Theta (4-7 Hz) – Meditation, creativity, "in the zone".

·Delta (0.5-4 Hz)- Deep, dreamless sleep.

Lecture Hours: 1.5 Hours

Question and Answer: 0.5 Hour

Session 5. Why We Dream

Dreams are essentially stories we play out in our head overnight. It remains an unanswered question. It may be kept as our fairy tales in our life. Dreams have a purpose, but they may not be to send us messages about self-improvement or the future. We will discuss why some researchers believe that dreaming mediates an overnight therapy of our brain. It does not happen to everybody equally.

Lecture Hour: 1 hour

Session 6. Ways for Sleeping Naturally

We will discuss 6 different ways of natural sleep

Lecture Hours: 1.5 hours

Question and Answer: 0.5 hour

Total 6 Lectures (12.0 hours)

10th Course: Music Is Medicine

Dr. Deborah Drake, PhD, IMD, MD (retired), IHC, DHS

Educator, Author Clinician

Music is Medicine reviews the entire history and application of vibrational Medicine. It applies to the body systems, brain waves, and especially the nutritional elements that help run, control, and buffer the body.

I will discuss the use of biotechnology for Brain Wave Training, such as quantum biofeedback, PEMF, Ionic Foot Baths, and Light Therapy will be discussed as demonstrations for coaching tools. The tools that I will discuss will help you quickly accelerate a great degree of change in your practice.

Session 1. Music is Medicine

Introduction to Bioenergetics, Music, Vibrations, Bio terrain Correcting Physiology - GAMMA Brain Wave Entrainment. Q & A • LIGHT and TISSUE Minerals.

Session 2. Music is the MIND

ABC- Airway, Brain Circulation - Dopamine - BETA Brain Waves • Q & A • QBF

Session 3. Music is the BODY

(Gut-Brain) - DEF - Digestion, Endocrine, Filtration Liver GB - Acetylcholine - ALPHA Brain Waves • Q & A • PEMF

Session 4 Part IV - Music is the EMOTIONS

GHI - Genito-urinary, Housing Skeletal, and Connective, Immune System:- Serotonin - THETA Brain Waves • Q & A • IONIC FOOT BATH

Session 5 Part V - Music is the SPIRIT

(JKL) Jacket of skin, Karmic Spirit, Love Senses - GABA - DELTA Brain Waves SLEEP - GABA Brain Waves - SLEEP hygiene Tutorial - Q & A • BIOCRYSTALS

Session 6 Music is INTEGRATION -

MNO - Microbiome, Metal Toxicity, Organ Integration - EPSILON Brain Wave Entrainment • Q & A

C C E M

IN EXCELLENTIAM CATHECHESIS

11th Course, Title: Anatomy of Change

Grace Sedstrem, RNP, PHS, DHS, NLPT

Author, Educator & Clinician

Overview: This training allows the successful graduate to become Board Certified in the leading field of Health Coaching with the World Organization of Natural Medicine. This 15-hour live on-site or online program gives the student an introduction to the quantum change processes of NLP, TLT® and NLP Coaching using a synergy of techniques. Through the application of the advanced quantum technologies, and the multimedia study materials, this training is completed with a 2-day on-site or online intensive practicum. Learning Outcomes The student will go on a personal journey of transformation and change in their life, as well as, having key tools to quickly and easily inspire change within their clients by learning how to empower others to achieve what they didn't think possible. A new sense of freedom and increased choice will be installed by removing baggage from their past that has held them back from fulfilling their potential. This accelerated personal growth experience allows the student to wrap their hands around the following core competencies:

- Student will explain the Mind-Body relationship in the context of coaching
- Student will experience the releasing of negative emotions
- Student can use basic NLP conscious and unconscious strategies for the purpose of building rapport the client in the coaching relationship
- Student can use introductory coaching frames to support and motivate clients in achieving their successful outcomes (examples include; Cause and Effect, Three Requisites for Change, Boundaries, Commitment: What it really means, etc.)
- Student will be able to utilize the Neuro-Linguistic Programming Model of Communication to motivate their clients
- within the coaching relationship
- Student will be able to set goals using quantum technologies of CYF® and keys to an achievable outcome
- Student will be able to apply critical thinking skills to create a one-page business plan for building a real-world coaching business.

Length of Course: 15 hours



INSTRUCTOR PROFILES

C C H M

IN EXCELLENTIAM CATHECHESIS

Dame Dr. McKenzie, PhD, IMD, OM, DHS
Clinician, Author, Educator and Humanitarian

Dr. McKenzie has dedicated thirty-five plus years to consolidating her knowledge in dentistry, homeopathy, orthomolecular medicine, and international medicine to bring together an international health stewardship program that will help practitioners to satisfy the need for the present healthcare crisis.

Dr. McKenzie is a co-founder of the World Organization of Natural Medicine and its current president and Founder of Clinics for Humanity International. She served as an International public health diplomat with the International parliament for Safety and Peace (2003 -2013). In addition, she is a United Nations certified Health Educator and author of several publications.

Dr. McKenzie is a dame of the Sovereign Orthodox Order of Knights Hospitallers. She currently is Dame Commander for the Order of Knights Saint Paul-France (North American Division), Colonel of the Holy Company of Miracles of Saints, which is under the protection of the Order of Saint Paul.

The Company is mandated to help those who wish to go on humanitarian outreach in Europe and the Americas. Professor and Head of the Department of humanities studies for Saint Peter and Saint Paul Lutheran University-Institute, Chancellor of the University of Humanitarian Medicine, and the Canadian College of Humanitarian Medicine.

Contact:

Phone: 1 (416) 477-2395

E-Mail: docsheila@doc-sheila.com

Dr. Jay P. Vanden Heuvel PH.D, IMD, DHS

Author & Educator

Dr. Jay Paul Vanden Heuvel PhD, IMD,DHS - Integrated Medicine, Doctorate in Humanitarian Services World Organization of Natural Medicine (WONM), Ph.D. Holistic Health Sciences, Ph.D. Traditional Naturopathy, B.O.I.M. (Board Certified in Orthomolecular and Integrative Medicine) W.O.N.M. (Board Certified in World), Recipient of the "Order of Excellence Integrative Medicine" University of Humanitarian Medicine Clinics for Humanity. Faculty WONM-University of Humanitarian Medicine Federation, Board Certified Holistic Health Practitioner American Association of Drugless Practitioners (A.A.D.P.), U.S. National ARCB Certified Reflexologist Board certified by American Reflexology Certification Board, Surgical technologist/Nursing, Certified Flower Therapist, Certified Leader in Natural Health, Association Customer Service, Background in Quantum Physics 3 Book Author/Peer Reviewed Science paper ACTA co-author/100+ DVD's, 25 + yrs. experience. Private practice +20,000 clients. International Lecturer 500,000 +

Contact:

Phone: 1 (920)-655-7540

Website: www.naturesinstitute.com www.naturalselections.net

Sir. Dr. Gerald H. Smith DDS, IMD, DHS

Clinician, Educator, & Author

Sir Dr. Gerald H. Smith is a recognized international authority on craniomandibular somatic disorders with a focus on resolving chronic pain. He is the author of a landmark textbook, Cranial-Dental-Sacral Complex and the first researcher in the world to radiographically document cranial bone movement by means of the Dental Orthogonal Radiographic Analysis System, which he developed. Doctor Smith also developed and patented the world's first cranial motion precision attachment to permit cranial motion in fixed bridgework that crosses the maxillary mid-line. Doctor Smith is also the originator of the Occlusal Cranial Balancing Technique, the world's first occlusal system to balance cranial bone and spinal alignment. He has also contributed equally important books, Reversing Cancer, Headaches Aren't Forever and Alternative Treatments for Conquering Chronic Pain. His latest book presents a major paradigm shift by integrating osteopathic, chiropractic, dental, medical, physical therapy, and nutritional concepts. Doctor Smith's 46 plus years of clinical research has uncovered several of the major missing links for the cause of chronic pain and medical problems. He was an invited speaker at Walter Reed Army Medical Hospital, Yonsi Memorial Hospital in Seoul, South Korea, Holistic Medical Association and other prestigious meetings. He is a past president and editor of the Holistic Dental Association, and past president of the Pennsylvania Craniomandibular Society. He has a specialty practice in chronic pain, nutrition and dental orthopedics/orthodontics in Langhorne, Pennsylvania and Toronto, Ontario.

Contact:

Email: ghsdoc11@gmail.com

Website: <https://icnr.com>

Debbie Irwin, RRDH., IMP., PHS., C.N.H.P.

Clinician, Health Educator & Humanitarian

Debbie Irwin studied extensively at Quantum Biofeedback under the mentorship of Dr. Deborah Drake. She has also studied whole-body dental connections under the mentorship of Dr. Gerald Smith. In addition, she is passionate about serving humanity and served on humanitarian outreach in Nepal, where she was directly involved in erecting schools for the D. Gary Young Foundation /Young Living.

In 2015 She became a member of the World Organization of Natural Medicine and received board certification as an Integrative Medicine Practitioner with the Board of Integrative Medicine.

Debbie Irwin also brings many years of training and experience in aroma-therapeutics; which she is convinced is a powerful tool for anyone seeking to balance physical and emotional health.

Contact:

Email: debirwin45@gmail.com

Website: <https://debirwin.com>

Professor George Grant, Ph.D.(UofT)., IMD, DHS

Author, Educator, Clinician & Lecturer

Prof. Grant is an award, bestselling celebrity author of 20 books, 5 patents including the natural patented & published Prostate Formula, 250 published papers, 375 papers reviews, hundreds of conference presentations and he is a senior editor of 10 scientific journals.

He pioneered the research on Beta Endorphins 1981 at the Faculty of Pharmacy, University of Sask.; Organized the first Fibromyalgia Conference in Ottawa, ON. Canada with Health Canada 1998; Developed the first Fibromyalgia Bio marker 2,3 DPG, Organized and presented at the International Pain Conference in Chicago, IL., 2015; with Mayo Clinic, Cleveland Clinic, and Johns Hopkins & Harvard. He has helped several fortune 500 companies worldwide; non-profit organizations; and top Olympic Athletes across Canada & USA. First Scientist to correlate Type 3 diabetes with Dementia.

Prof. Dr. Grant worked as a Senior Consultant for Health Canada, FDA and CDC as well as in private practice. Prof. Dr. Grant has helped 20,000 clients & students worldwide to achieve Total Wellness by focusing on healthy lifestyle

Contact:

Email: drgrantwellness@gmail.com

Website <http://www.academyofwellness.com>

Dr. Troy Bennett, DTCM, IMD, DHS

Clinician & Lecturer

Dr. Troy Bennett founded the BAQ Centre in 2002. He is a Doctor of Acupuncture, Integrative Medicine, Humanitarian medicine and is a registered Naturotherapy Practitioner. In addition, he is a Qi Gong Master and has trained under Qi Gong and Kung Fu Masters from around North America.

He has organized WONM Clinics for Humanity outreach events in Newfoundland to serve addiction reforms programs for underserved peoples in his local community. In addition, he recently joined the faculty Canadian College of Humanitarian Medicine Health Coaching program, where he teaches self-help healing acupressure techniques.

He has presented at the World Organization of Natural Medicine Congress, the World Congress of Qi Gong and Traditional Chinese Medicine conference, and many universities conferences.

He has organized several national medical conferences and continually attends medical symposiums, and his committed to continuing learning from colleagues and researchers.

In 2017 he was awarded the Order of Merit Humanitarian Medicine award from the World Organization of Natural Medicine University of Humanitarian Medicine for his humanitarian medicine outreach activities.

Contact:

Phone: 1 (709) 649 1612

Website: baqhealing@gmail.com

Sir. Dr. Stanley Ngui, Ph.D., IMD, DHS

Educator Author & Humanitarian

Dr. Stanley Ngui is the 23rd generation of the Ngui family. Since the age of four, he has studied with his father and various Masters of Qigong and Traditional Chinese Medicine. His education includes a Master level in Qigong, Doctor of Philosophy in Traditional Chinese Medicine, Doctor of Traditional Chinese Medicine, Doctor of Acupuncture, Doctor of Natural Medicine, Doctor of Integrative Medicine and Doctor of Humanitarian Services. One of his great honors was being knighted into the Sovereign Orthodox Order of the Knights Hospitallers of St John in 2009. In 2010, he traveled to Haiti with other members to provide humanitarian medical service for earthquake survivors and to educate frontline healthcare professionals on how to use natural modalities for treating emergency disaster survivors, in addition, he visited Peru and Canadian First Nation's communities on a similar humanitarian outreach. He has taught seminars, workshops, classes, and retreats, both locally and internationally on Qigong and Traditional Chinese Medicine for over forty years.

Contact:

Phone: 1 (905) 597 5007

E-mail: nguistyleimc@gmail.com

Website: Nguistyle.com

Dr. Eugene Fung PhD IMD DHS, MBA

Educator, Author & Business Coach

Dr. Eugene Fung PhD IMD DHS MBA(TQM) FACBS Sleep Consultant, Doctor of Philosophy (Natural Medicine) Integrative Medicine Doctor, Doctor of Humanitarian Services, Master of Business Management (Total Quality Management) Professor of World Organization of Natural Medicine University, Professor of University of Humanitarian Medicine, Faculty Member of Canadian College of Humanitarian Medicine, Ambassador-at-Large Asia Region.

Contact:

Email: integrativemedicinetoday@gmail.com

Dr. Deborah Drake, PhD, IMD, M.D. (r.), IHC, DHS

Educator, Author & Clinician

Dr. Deborah Drake is a Toronto Native and lifelong health care professional, as an Integrative Medicine Doctor, Health Coach, Bioenergetic Clinician Instructor in Quantum Biofeedback and PEMF, Book Author, Health Care Software Designer of the Amp Coil Better Guide App, Musician, Multimedia Studio Producer and Marketer.

She has a truly integrative background with degrees in many disciplines of Allopathic Family and Emergency Medicine, Integrative Medicine, Humanitarian Services, Osteopathic, Ayurvedic, Bioenergetic Medicine, and Frequency and Light Therapist. She is the Director of the Department of Bioenergetic Medicine at the Canadian College of Humanitarian Medicine, where she teaches Integrative Health Coach Certification at her online Academy at <https://HealthCounts.ca>. She is an executive member of the Board of Integrative Medicine certifying natural practitioners and a Humanitarian with the World Organization of Natural Medicine.

Author of the s Bioenergetics, Sleeping your Way to Wellness, and the Turning Point 2020 Legacy book on Deep Sleep. As International Lecturer she has taught LIVE in more than 60 cities worldwide tour on the topic of Homeostasis of the Bio terrain, Leaky Gut Syndrome, and Detox with Biotechnology, Sleep, Immune Health Strategies including holistic nutrition, Biocrystal Sleep Technology, and Bioenergetic therapies like Quantum Biofeedback, PEMF (Pulsed Electromagnetic Field therapy) and Light Matrix therapy.

Dr. Drake is a new Brand Ambassador with PYUR LIFE GLOBAL and an avid fan of superfoods like Moringa and Weight Management solutions for proactive wellness.

Contact:

Phone: 1 (647) 825 4627

Email: drdeb432@gmail.com

Grace Sedstrem, RNP, PHS, DHS, NLPT

Author, Educator & Clinician

Grace Sedstrem is a speaker, trainer and mentor. Igniting inspiration, perfecting poise and up leveling performance ~ is her specialty! Her charisma is second to none! An entrepreneur enthusiast she loves empowering people in business to make more money, get more sleep and have more time! Over 20 years as a Technical Trainer/Speaker both Nationally + Internationally her fiery enthusiasm inspires groups in entrepreneurial and corporate ventures.

Contact:

Phone: 1 (800) 786 0487

Fax: 1-800-783-8305

E-Mail: grace@leaderspowersource.com

Website: leaderspowersource.com

The WONM-CCHM Humanitarian Health Stewardship program is a thorough and practical course that offers the core foundational knowledge and techniques that are grounded in a traditional natural health philosophy throughout history to prevent and reverse health challenges through education and people empowerment.

This program concurs with WONM's mission to provide access to traditional healthcare services geared towards underserved people and promote humanitarian values through education. The expected outcome for this course is consistent with WONM's goal, which shall be the attainment by all people of the world of a high level of wellness through the effective delivery of traditional natural health healing systems and education geared towards underserved people.

Twelve WONM members, educators and researchers have collaborated to bring you this unique program.

They will provide you with mentorship on traditional natural health concepts and techniques such as; orthomolecular nutrition, eclectic medicine concepts, self-care techniques, simple yet effective ancient remedies, lifestyle management, oriental medicine techniques, disease prevention, stress reduction techniques, anti-aging techniques, functional assessment techniques, and evidence-based techniques and many others.

Course Breakdown:

- 24 hours of students interactive training process(group studies)
- 144 hours of live sessions (internet classroom) - including supervision experience & mentorship
- 10 hours of pre- review material
- 15 hours of peer coaching
- 10 hours of reflective assignments
- 2 hour exam - (written & practical) *online exam***

Qualification:

Upon completion of this program:

- You will receive a Health Coach diploma from the Canadian College of Humanitarian.
- Qualifies for eligibility to become Board Certified as a Certified Integrative Health with the Board of Integrative Medicine (Graduates with a medical background), or certified Natural Health Coach (CNHC) by the Board of Natural Medicine Doctors and Practitioners (Non-medical background practitioners).
- You will be eligible for membership as a Humanitarian Health Steward from the World Organization of Natural Medicine.

Program Cost: \$3,600.00

** (4 payments of \$900.00)**

